

Join us for World Down Syndrome Day 21 March 2014

21 March 2014 marks the 9th anniversary of World Down Syndrome Day (WDS) and each year the voice of people with Down syndrome, and those who live and work with them, grows louder. But there is still so much more we can do.



Down Syndrome International (DSi) encourages our friends all over the world to choose your own activities and events to help raise awareness of what Down syndrome is, what it means to have Down syndrome, and how people with Down syndrome play a vital role in our lives and communities.

Here are some ways you can join us on 21 March 2014:

- Organise your activities based on DSi's focus area for 2014 which is "**Health and Wellbeing - Access and Equality for All**".
- Share your **WDS World Events** on our dedicated WDS website in a single global meeting place.
- Watch our **WDS Global Video Event**, produced each year with the participation of organisations in many countries around the world.
- Attend our **WDS Conference** at the United Nations in New York either in person or online, live or on-demand, at UN Web TV.
- Wear **LOTS OF SOCKS** to get people talking about WDS on 21 March.
- Nominate someone for the **WDS Awards** which any member of DSi can do.
- Like, join, attend, share, mention, tweet, re-tweet, view or subscribe on our various **WDS Social Media** channels.
- Promote our **WDS Patrons Messages**.

Whatever you plan to do, let's create a single global voice for advocating for the rights, inclusion and well-being of people with Down syndrome on 21 March.

